

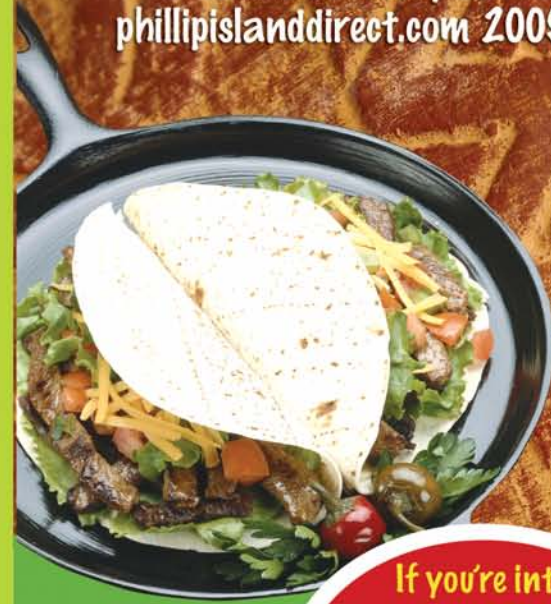
# Starters

<b>ENCHILADA</b> .....	\$7.00
Beef and Cheese Rolled in a Soft Corn Tortilla and Baked	
<b>TACO</b> .....	\$5.00
<b>CHICKEN TACO</b> .....	\$5.50
A Crisp Corn Tortilla Filled with Onion, Lettuce, Salsa and Cheese with a Choice of Shredded Beef or Bean or Chicken	
<b>FRIJOLE CON QUESO</b> .....	\$8.00
A Cheesy Dip made with Mexican Style Beans, a Little Salsa and Served with Corn Chips	
<b>CHICKEN WINGS</b> .....	\$8.00
Prime Smokehouse Chicken Wings with our Special BBQ Sauce	
<b>HOME FRIES</b> .....	\$8.50
Potato Chunks, Skin On, Crisp and Golden with a House Seasoning served with Sour Cream and Salsa on the side	
<b>CHILLI BOWL DIP</b> .....	\$10.50
Course Ground Beef and Mexican Bean Subtly Spiced to make a Traditional Sweet Chilli and served with Corn Chips	
<b>NACHOS Small \$10.50 Large \$13.50</b>	
Mounded plate of crisp corn chips smothered with melted cheese, topped with salsa.	
<b>NACHOS SUPREME Small \$14.50 Large \$16.50</b>	
Our famous nachos also topped with sour cream and guacamole.	
<b>SUPER NACHOS Small \$16.50 Large \$18.50</b>	
Nachos supreme on a bed of beef or frijole beans.	
<b>ONION RINGS</b> .....	\$6.00
American style, you'll love 'em!	

# Mains

<b>COUNTRY RIBS</b> .....	\$19.50
Juicy pork ribs, barbequed and served with our hickory smoked BBQ sauce, served with a baked potato and sour cream.	
<b>TEXAS BLAZER</b> .....	\$19.50
Rib, chicken wings and a pork sausage with BBQ sauce and a potato bigger than Texas.	
<b>PANHANDLE SAUSAGES</b> .....	\$17.50
Made from the finest ingredients, smoked and served with BBQ sauce.	
<b>FAJITAS</b> .....	\$23.50
Grilled strips of marinated beef or chicken (or mixed), onions and capsicum served with a side of Mexican rice, guacamole salad, sour cream and warm flour tortillas.	
<b>TACO DINNER</b> .....	\$17.50
Three shredded beef, frijole bean or chicken tacos, with onion, lettuce, salsa and cheese served with Mexican rice.	
<b>VEGETARIAN QUESAPILLA \$17.50 or \$18.50 with extra filling.</b>	
Cheese, onions, tomato and capsicum, piled high in a folded flour tortilla, lightly grilled and topped with guacamole, sour cream and salsa, served with Mexican rice. Extra beef or bean filling.	
<b>CHILLI CON CARNE</b> .....	\$18.50
Course ground beef, bean and tomato, served with a baked potato and sour cream.	
<b>CHILLI COLORADO</b> .....	\$18.50
Chunky beef and onion, no beans, served with a baked potato and sour cream.	
<b>BURRITOS</b> .....	\$18.50
(all oven baked and served with sour cream and Mexican rice)	
<b>SUPREME (Chilli Colorado)</b>	
<b>LA BAMBIA (Chilli Con Carne)</b>	
<b>VEGETARIAN (Frijole)</b>	
<b>CHICKEN (Chicken, corn, spinach and onion)</b>	

Menu Courtesy of  
phillipislanddirect.com 2009



If you're into  
chilli and ribs  
Country Music and fun  
you're into...



# Take Away Packs

(all meals on main menu available take away also)

<b>BURRITO PACK \$9.50</b>	<b>SIPES</b>
<b>CHICKEN OR CHILLI CON CARNE OR BEAN WITH RICE</b>	Sour cream or Salsa or Hot salsa \$2.00
<b>ENCHILADA PACK \$8.50</b>	Jalapeno chillies (diced) \$2.50
<b>ENCHILADA AND RICE</b>	Guacamole \$9.00
<b>TACO PACK \$10.50</b>	Mexican rice \$9.50
<b>2 TACOS AND RICE</b>	Frijole beans \$9.00
<b>BBQ PACK \$10.50</b>	Corn chips \$9.00
<b>HALF RACK OF RIBS AND CHICKEN WING AND SPUD</b>	
<b>SPUDS</b>	
<b>WITH SOUR CREAM AND CHEESE \$5.00</b>	
<b>WITH CHILLI CON CARNE AND CHEESE \$9.50</b>	
<b>VEGETARIAN - GUACAMOLE, TOMATO, LETTUCE, SOUR CREAM \$7.50</b>	
<b>SALADS \$7.00</b>	
<b>NARANJA</b>	
A wonderful combination of mandarins, cucumber, lettuce, and onion with specially made mandarin vinaigrette	
<b>MONTEZUMA</b>	
Crisp lettuce and tomato, tossed with an anchovy, egg and parmesan dressing	
<b>GREEN</b>	
Fresh tomato and lettuce drizzled with a tangy avocado dressing	



# Location

PANHANDLE  
TEX MEX  
CANTINA & BAR  
145 THOMPSON AVENUE, COWES  
(NEXT DOOR TO ISLAND SURF BOARDS)  
PH: 0959 522 741

# Panhandle tex mex Cantina and Bar